### Lunch Menu

#### Sandwich Line

<table>
<thead>
<tr>
<th>Chick Fillet / WG Bun</th>
<th>Chick Fillet / WG Bun</th>
<th>Chick Fillet / WG Bun</th>
<th>Chick Fillet / WG Bun</th>
<th>Chick Fillet / WG Bun</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apple/Orange</td>
<td>Cheeseburger / WG Bun</td>
<td>Apples/Oranges/ Bananas</td>
<td>Cheeseburger / WG Bun</td>
<td>Apples/Oranges/ Bananas</td>
</tr>
<tr>
<td>Ore-Ida Fries</td>
<td>Lettuce / Tomato</td>
<td>Ore-Ida Fries</td>
<td>Lettuce / Tomato</td>
<td>Tomato Slices</td>
</tr>
<tr>
<td>Tomato Slices</td>
<td>Apples/Oranges/ Bananas</td>
<td>Tomato Slices</td>
<td>Apples/Oranges/ Bananas</td>
<td>Lettuce</td>
</tr>
<tr>
<td>Lettuce</td>
<td>100% Apple or Orange Juice</td>
<td>Lettuce</td>
<td>100% Apple or Orange Juice</td>
<td>Veggie Tray</td>
</tr>
<tr>
<td>Veggie Tray</td>
<td>Veggie Tray</td>
<td>Veggie Tray</td>
<td>Navy Beans</td>
<td>Ore-Ida Fries</td>
</tr>
</tbody>
</table>

#### Home Cooking

<table>
<thead>
<tr>
<th>Chicken Fettuccine</th>
<th>Meat Loaf</th>
<th>Cheesy Bread Sticks</th>
<th>Lasagna</th>
<th>Fish Strips</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salad</td>
<td>Cheesy Mashed Potatoes</td>
<td>Marinara Sauce</td>
<td>Whole Kernel Corn</td>
<td>Mac &amp; Cheese</td>
</tr>
<tr>
<td>Mini Carrots</td>
<td>Spinach &amp; Fruit Salad</td>
<td>Corn</td>
<td>Green Beans</td>
<td>Cole Slaw</td>
</tr>
<tr>
<td>Steamed Broccoli</td>
<td>Black Eyed Peas</td>
<td>Super Veggie Salad</td>
<td>Cool Spot Salad</td>
<td>Northern Beans</td>
</tr>
<tr>
<td>Ambrosia Salad / Pears</td>
<td>Grapes</td>
<td>Brussel Sprouts</td>
<td>Italian Bread</td>
<td>Peach Cup</td>
</tr>
<tr>
<td>Italian Bread</td>
<td>Roll</td>
<td>Fruit Mix</td>
<td>Ice Cream Cup</td>
<td>Corn Bread</td>
</tr>
</tbody>
</table>


## Cafe Line

<table>
<thead>
<tr>
<th>Hamburger / Cheeseburger</th>
<th>Taco / Burrito</th>
<th>Chick Fillet / WG Bun</th>
<th>Ham/Turkey on Bun/Wrap</th>
<th>Pizza</th>
</tr>
</thead>
<tbody>
<tr>
<td>Onions/Pickles</td>
<td>Pinto Beans / Salsa</td>
<td>Half Baked Potato</td>
<td>Fries</td>
<td>Corn</td>
</tr>
<tr>
<td>Fries</td>
<td>Corn</td>
<td>Baby Carrots / Broccoli</td>
<td>Shredded Lettuce</td>
<td>Garden Salad</td>
</tr>
<tr>
<td>Carrots / Broccoli</td>
<td>Pineapples</td>
<td>Tomato Slices</td>
<td>Carrots / Broccoli</td>
<td>Carrots / Broccoli</td>
</tr>
<tr>
<td>Baked Beans</td>
<td>Romaine Salad</td>
<td>Shredded Lettuce</td>
<td>Pears</td>
<td>Canned Peaches</td>
</tr>
<tr>
<td>Applesauce</td>
<td>Baby Carrots / Broccoli</td>
<td>Dill Pickle Slices</td>
<td>Spring Salad</td>
<td>Apples/Oranges/Bananas</td>
</tr>
</tbody>
</table>

- **Onions/Pickles**: Pinto Beans / Salsa
- **Half Baked Potato**: Fries
- **Corn**: Corn
- **Baby Carrots / Broccoli**: Shredded Lettuce
- **Garden Salad**: Garden Salad
- **Tomato Slices**: Carrots / Broccoli
- **Shredded Lettuce**: Carrots / Broccoli
- **Romaine Salad**: Canned Peaches
- **Dill Pickle Slices**: Spring Salad
- **Apples/Oranges/Bananas**: Apples/Oranges/Bananas
YOU ARE CORDIALLY INVITED TO ATTEND…

Dual Credit/AP Information Night at the Warren East High School Auditorium

Parents and students in grades 9-12 are invited to attend this meeting for general information regarding dual credit and advanced placement course offerings at WEHS for the 2013-2014 school year.

Date: ____March 14, 2013____ Time: ____6:00 p.m.____

For more information: Contact the WEHS Guidance Department (270) 782-6323

Ms. Anderson - 10th & 12th grade
Email: angie.anderson@warren.kyschools.us

Ms. Strickler - 9th & 11th grade
Email: edwina.strickler@warren.kyschools.us

Registration booklets are now online for the 2013-2014 academic year. Registration for Fall 2013 begins March 11.
Track & Field

<table>
<thead>
<tr>
<th>Indoor</th>
<th>There are no more indoor games for Track &amp; Field</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outdoor</td>
<td>March 11th-Elementary Challenge @ Central</td>
</tr>
<tr>
<td></td>
<td>March 12th-South Warren High School All-comers</td>
</tr>
<tr>
<td></td>
<td>March 15th- Larue Co All-comers</td>
</tr>
<tr>
<td></td>
<td>March 19th- Warren East Middle School All-comers</td>
</tr>
<tr>
<td></td>
<td>March 26th- Grayson County High School All-comers</td>
</tr>
</tbody>
</table>

The indoor track team competed at the Mason Dixon Games in Louisville, Kentucky at the Fair and Expo Center on March 2. The boys team came in 10th out of more than 30 teams. Leading the way was Devonte Duvall finishing in 3rd place in the 55 meter dash. The 4x200 meter relay team of Aaron Wilson, Ryan White-Dejarnett, Devonte Duvall, and LaTerrance Crackat came in 3rd place. Aaron Wilson also came in 5th in the 55 hurdles. Aaron Osborne came in 7th in the 3000. LaTerrance Crackat came in 6th in triple jump. The girls team came in 19th out of more than 28 teams. Shelby Chobot came in second in pole vault and 6th in triple jump. Congratulations track team!!

The track team will compete at the South Warren High School All-comers on March 12 at 5:00pm and at the Larue County High School all-comers on March 15.
## Baseball

| Home  | March 11th Franklin Simpson JV (DH) Home 5:30  
|       | March 14th Logan Co. V Home 5:30 |

| Away  | March 4th Russellville (scrimmage) Away 5:30  
|       | March 12th Franklin Simpson JV (DH) Away 5:30  
|       | March 14th Logan Co. V Home 5:30 |

## Tennis

<table>
<thead>
<tr>
<th>Home</th>
<th>March</th>
</tr>
</thead>
</table>
|       | Monday 11-Greenwood  
|       | Tuesday 19-Logan County  
|       | Thursday 21-Caverna  
|       | Thursday 18-South Warren |
April
Tuesday 30- Glasgow

May
Thursday 2-Monroe County

<table>
<thead>
<tr>
<th>Away</th>
<th>April</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Thursday 11-@ Glasgow</td>
</tr>
<tr>
<td></td>
<td>Monday 15-@ Greenwood</td>
</tr>
<tr>
<td></td>
<td>Monday 22-@ Logan County</td>
</tr>
<tr>
<td></td>
<td>Thursday 25- @ Caverna</td>
</tr>
</tbody>
</table>

### Softball

<table>
<thead>
<tr>
<th>Home</th>
<th>Away</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>14th-@ Edmonson Co. 5:30 V-JV</td>
</tr>
<tr>
<td>8th-Barren Co. (scrimmage) 5:30 V-JV</td>
<td>21st-@ Glasgow 5:30 V-JV</td>
</tr>
<tr>
<td>15th-Allen Co. 6:00 V-JV (Burkeen Field night)</td>
<td></td>
</tr>
<tr>
<td>16th-Daviess Co. 11:00 V-JV-F (DH)</td>
<td></td>
</tr>
<tr>
<td>18th-Franklin Simpson 5:30 V-JV</td>
<td></td>
</tr>
<tr>
<td>19th-BG 5:30 V-JV</td>
<td></td>
</tr>
<tr>
<td>25th-Central 5:30 V (alumni game)</td>
<td></td>
</tr>
<tr>
<td>26th-South Warren 5:30 V-JV</td>
<td></td>
</tr>
<tr>
<td>28th-Greenwood 5:30 V-JV</td>
<td></td>
</tr>
<tr>
<td>26th-South Warren 5:30 V-JV</td>
<td></td>
</tr>
<tr>
<td>28th-Greenwood 5:30 V-JV</td>
<td></td>
</tr>
<tr>
<td>29th &amp; 30th-Oldham Co. Tournament</td>
<td></td>
</tr>
</tbody>
</table>

Warren East will be naming our softball field after legendary Warren East Coach and Teacher, Phil Burkeen. The ceremony will take place Friday night, March 15th at 5:30 on the softball field. Coach Burkeen was on the softball staff, either as the head coach or assistant coach, from 1985 to 2009. He helped guide the Lady Raiders to almost 500 career victories including a state runner up in 1995. Coach Burkeen was also the school's Athletic Director for nine years. Congratulations to Coach Burkeen!

### Speech Team

Two members of the Speech Team will be competing at the Kentucky High School Speech League’s state competition March 15 and 16 at the University of Kentucky. Sophomores, Hannah Carter and Anna Duncan, will be competing in Humorous Interpretation and
Dramatic Interpretation. Both are first year team members. Wish them luck as they travel to Lexington, Kentucky and compete against the finest dramatists and orators in the state of Kentucky.

FFA Week- Carhart Day

Teacher Spotlight

Casey Tabor-Stephens has been chosen for this week’s teacher spotlight. She coaches
Khyree Boards has been chosen as the student of the week. He has played football for Warren East for four years. He says he enjoys fishing and playing basketball with friends. After high school he plans to go to college, but he is undecided on a major. His favorite book is the Bible. Khyree is an exceptional student who shows exceptional pride.

**Word of the week**

*Vainglorious*
ST. PATRICK’S DAY

HISTORY

St. Patrick, the patron saint of Ireland, is one of Christianity's most widely known figures. St. Patrick's Day is celebrated on March 17, the saint's religious feast day and the anniversary of his death in the fifth century. The Irish have observed this day as a religious holiday for over 1,000 years. On St. Patrick's Day, which falls during the Christian season of Lent, Irish families would traditionally attend church in the morning and celebrate in the afternoon. Lenten prohibitions against the consumption of meat were waived and people would dance, drink and feast--on the traditional meal of Irish bacon and cabbage.

(http://www.history.com/topics/st-patricks-day)
**Eagle Flight 5K**  
*When: Mar. 9, 2013 @ 8:00am - 10:00am*  
*Where: Spero Kereiakes Park*

**Nonfiction-Memoir Writing Workshop**  
*When: Mar. 9, 2013 @ 9:00am - 12:00pm*  
*Where: Warren County Public Library Main Branch*

**Test & Tune Drag Racing**  
*When: Mar. 9, 2013 @ 12:00pm - 5:00pm*  
*Where: Beech Bend Park and Raceway*

**SKyPAC Community Open House**  
*When: Mar. 9, 2013 @ 12:00pm - 4:00pm*  
*Where: Southern Kentucky Performing Arts Center*

**NHRA Drag Racing**  
*When: Mar. 10, 2013*  
*Where: Beech Bend Park and Raceway*

**The Rite of Spring @ 100**
**Houchens Industries KHSAA Girls’ Sweet 16 Basketball Championships**

*When: Mar. 13, 2013 - Mar. 16, 2013*

*Where: Western Kentucky University - Athletic Facilities*

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**Platinum National Dance Competition**

*When: Mar. 15, 2013 - Mar. 17, 2013*

*Where: Southern Kentucky Performing Arts Center*

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**Kiwannis Splash and Swim**

*When: Mar. 16, 2013*

*Where: Bowling Green High School*

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**First Aid/CPR Training**

March 22nd or March 23rd  
(Participants will come to 1 day only)  
Cost: $30/person  
Location: Warren County Extension Office  
Friday, March 22nd: 8 a.m. - 1 p.m. (includes light lunch)  
OR  
Saturday, March 23rd: 8:30 a.m. - 2 p.m. (includes light lunch)  
Registration Deadline: March 15th (with payment)  
Make checks payable to Warren Co. 4-H Council  
Sponsored by UK, UK Ag, and 4-H Club.

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**Reel Generation Festival**

This is open to all high school students and is a fantastic way for students to get interested in making short films and short documentaries to showcase their talents and to submit their work for judging. It
is the only film festival that provides these film opportunities to any high school student in the Commonwealth of Kentucky. In addition, the Reel Generation Film Festival has been endorsed by the Kentucky Film Office, which is “responsible for marketing the state of Kentucky to the film, television and advertising industries”.

The top students win monetary prizes with the winner receiving $500. Other awards are also offered. Last year, there were students from Lexington, Louisville, and Owensboro that competed along with those from Barren County and Glasgow. There are many different categories to enter. The deadline to submit entries is April 15th. The actual “festival” will be held Saturday, April 27th at the Plaza Theatre in Glasgow and will be open to the public for viewing.

We need Warren County represented this year!

The website for more information is http://www.reelgenerationfestival.com. The actual specifics for this year aren’t live yet on that website, but you can go to https://sites.google.com/site/therealtorealfilmfestival to see the videos of the winners from last year so your students can get an idea of proficient work.

For Parents: What is the ILP?

Kentucky students are required to complete an Individual Learning Plan (ILP) each year as a graduation requirement. The ILP is designed to help students bring together their academic achievements, extracurricular experiences, and career and education exploration activities. This enables the student, parents or guardians, teachers, and counselors to work together to develop a course of study that meets the student's needs and goals. This online tool can be used to build resumes, use the employment guide, search for financial aid, and research schools for post-secondary education.

The Student ILP Tool allows students to:

- Explore careers in clusters and track the careers that interest them
  - Provides detailed job descriptions, working conditions, qualifications, earnings, sample career path information, education, and training requirements
  - Record career, education, and life goals
  - Store results from standardized tests and assessments
    - Includes Career Matchmaker, My Skills, & Learning Style Inventory
  - Keep track of career/educational exploration activities, community service, & work experience
    - Record their extracurricular activities, hobbies, rewards, & recognitions
  - Utilize the employment guide for interview skills, a work search tool, resume builder, letter
writing help, tips for considering job offers and on the job advice
  o This free service is available up to 5 years after graduation!
  • Develop their four-year high school course of study plan
• Upload related files, such as essays, scanned artwork, and letters of reference, and invite others to view the sections they want to share (this is like inviting someone to view a digital portfolio)

The Parent/Guardian ILP Tool allows you to:
• View the work your child has entered in his or her ILP
• Learn more about the careers and schools that are of interest to your child
  o You can also research and compare schools
• Record your thoughts and comments about your child's learning plan
  • Email your comments to your child's advisors

• To log into the Parent ILP Tool, go to www.careercruising.com/ILP and enter your parent/guardian username and password.
  o If you need the Parent/guardian ILP login information please contact Laura Hudson (WEHS Intervention Coordinator) at
    § Phone: 781-1278 x.3199
    § Email: laura.hudson2@warren.kyschools.us

Admissions officers at the nation's top schools say they barely look at an applicant's GPA.

Mary Beth Marklein

STORY HIGHLIGHTS

● Admissions officials put a higher priority on grades in college-prep classes
● Greater access to Advanced Placement courses are driving up GPAs
● Top guide books don't factor high school GPAs into their college rankings formulas

Parents and their high school students are fascinated by the grade point average and what it means in college admissions, but the truth is that a number of colleges and universities are not all that interested.

Admissions officers at some of the nation's most selective colleges, who are now sending acceptance letters for their fall freshman classes, say they barely look at an applicant's GPA.

"It's meaningless," says Greg Roberts, admissions dean at the University of Virginia, ranked as the top public university in this year's 150 Best Value Colleges, published by The Princeton Review and based on academics and affordability.

"It's artificial," says Jim Bock, admissions dean at Swarthmore College, the top private college in The Princeton Review's Best Value rankings. So unimportant is the GPA that Swarthmore doesn't bother calculating it for guidebook publishers.
Some confusion among families is understandable, especially because GPAs can confer bragging rights during high school commencement season. At an Arizona high school last May, a dispute over which of two graduates with the same GPA -- 4.82 -- should be named class valedictorian prompted the school district to scrap the title. Research consistently shows that a student's high school grades are the best predictor of their likelihood of success in college. Annual surveys by the National Association for College Admission Counseling show that most admissions officials put a high priority on grades -- particularly grades in college-prep courses.

"It's very hard for parents," says Janet Rosier, an independent counselor in Woodbridge, Conn. "They know what they know. They know their student and they know their high school. But they don't really have an understanding of the bigger picture."

She tells them that each college scours high school grades and transcripts according to its own criteria. Swarthmore's Bock, for example, says he looks for evidence that students have taken the most challenging classes they can. University of Florida's admissions staff recalculates student grade point averages based on five academic areas: English, math social science, natural science and foreign language, says Zina Evans, vice president for enrollment management.

Neither The Princeton Review nor U.S. News & World Report factor high school GPAs into their college rankings formulas. The Princeton Review publishes GPAs if schools provide the information, says David Soto, director of content development. In this year's guide, nearly a third -- 49 -- didn't, including Brown, Columbia, Cornell and Yale. No school listed a high school GPA for its freshman class below a 3.0, or B, average. An even dozen schools list GPAs of 4.0 or higher.

And the number makes a difference for some of them.

"The GPA is very important in our decision-making process," says Robert Bennett, senior associate director of admissions at Clemson, where the average high school GPAs for new freshman catapulted from 3.59 to 4.10 over five years. The range on math scores remained the same, 580-680 out of a possible 800.

A number of factors likely contribute to the increase, he says, including greater access to Advanced Placement courses, which can be weighted more heavily by high schools, and a growing number of applicants. "We're kind of a hot school," Bennett says. Grade inflation may also play a role, but it matters little, he says. High schools "present their students in the best light," Bennett says. "We want to see their students in the best academic light."

Contributing: The Arizona Republic

How to Survive: Cold Climates
There are plenty of cold-weather survival scenarios. You might be an avid camper or hiker lost in the dead of winter. You could be the victim of a plane crash in the Swiss Alps. Maybe you've had a car accident going over the river and through the woods to grandmother's house. Or perhaps you've simply lost electricity for an extended period of time in your own home. Knowing some basic tips and tricks can help make a difference in your comfort level, and even whether or not you make it through the night.

Nearly 50 percent of the Northern Hemisphere's total landmass can be classified as a cold region at some point in the year [source: Discovery Channel]. Ocean currents, elevation and wind all have an impact on how frigid it gets. Within these regions there are two sub classifications -- wet cold weather and dry cold weather. **Wet cold** describes conditions where the average temperature over a 24-hour period is 50 degrees Fahrenheit. This typically means that there are freezing conditions at night followed by thawing temperatures the following day. **Dry cold** means that the average daily temperature is below 14 degrees. In dry cold conditions, there is no thaw.

The other thing that's factored in with cold weather is **wind chill** -- the effect of moving air on exposed skin. Antarctic explorer Paul Siple coined the term "wind chill factor" in the late 1930s to help describe the effect that wind has on heat loss. He experimented by timing how long it took to freeze water in varying degrees of wind strength [source: USA Today]. In layman's terms, wind chill is described as how cold it "feels."

Cold weather has a dramatic effect on human health. According to a University of California, Berkeley economist, deaths related to cold reduce the average life expectancy of Americans by a decade, if not more [source: UC Berkeley News]. Cold weather also indirectly causes fatalities through accidents due to snow and ice, carbon monoxide poisoning and house fires. The elderly and the infirm are most susceptible to cold weather illness and injury, although the same UC Berkeley study reports that women make up two-thirds of the deaths after a cold spell.

In this article, we'll go into more detail about the effect cold weather has on humans. We'll also go over the basics of surviving freezing weather conditions -- from building a snow shelter in the wild to simple tips for the average homeowner.

The two main cold-weather illnesses are frostbite and hypothermia. **Frostbite** means that your skin has fallen below the freezing point, and ice crystals are forming within your skin cells, and ends up killing them.
The stage of frostbite are as followed:
Red skin - initial stage
White skin - middle stage
Hard skin - getting severe
Blisters - severe
Blackened skin - advanced stage

Severe frostbite usually causes tissue damage, and can even lead to amputation of fingers, toes, hands and feet. It's vital when afflicted with frostbite to warm your skin gradually. Cover your ears and put your fingers under your arms. Don't ever rub the damaged skin or submerge it in hot water -- you'll cause even more damage. Water between 100 and 106 degrees Fahrenheit is ideal to use as a warming agent. If you can, get into a warmer area immediately, even if it's just a tent or shelter. Remove any tight clothing that may restrict blood flow. You can put gauze or cloth between your fingers and toes to soak up moisture and prevent them from sticking together. It also helps to slightly elevate the affected area to reduce swelling.

**Hypothermia** is when your body loses more heat than it produces and your core body temperature drops. Some of the symptoms of hypothermia are:
- Slurred speech
- Stiff joints
- Loss of coordination
- Slow pulse
- Uncontrollable shivering
- Loss of bladder control
- Puffy face
- Mental confusion

Many times, getting wet in addition to the cold leads to hypothermia, and the result can be as severe as coma or death. To combat hypothermia, get yourself into a warmer environment as soon as possible. Cover with any items you can find -- blankets, sleeping bag, pillows or even newspaper. Most heat is lost through your head, so cover yours immediately if it's not already. If you have on wet clothing, take it off and replace it with some dry duds. If you have no dry clothing, it's better to strip naked than to wear something wet. You should always handle hypothermia victims carefully, as it's easy for them to go into cardiac arrest. Keep them horizontal and calm -- reassure them that they're going to be fine. If you're with someone, get into a sleeping bag together or simply hug each other tight to create warmth. If you're not trapped in the wilderness, seek professional medical
A good shelter is the first thing you need to survive the freezing cold. Choosing your shelter's location is extremely important. Don't be lured in by clearings in the mountains -- they can be prime spots for avalanches. Check for accumulated debris and broken tree stumps at the base of the clearing. If you find both, chances are you're in an avalanche chute. The side of the clearing is a much better shelter location. You should also avoid areas near overlooks and cliffs.

If night is falling fast, you need to build an emergency shelter as soon as possible. Don't get too fancy -- your goal is to make it through the night. Dig a snow trench deep enough to provide a windbreak. Pile and pack additional snow on the windy side for further protection. Get as much soft material as you can to line the bottom for insulation -- pine boughs are plentiful in most wooded areas. Once in, cover yourself with copious amounts of pine or any other leaves you can get. Snow is a better insulator than your average tent, so your emergency shelter should get you through the night.

Warmth is the next step in your bid to survive the freezing cold. Almost everyone knows that-layered clothing is important to stay warm. Use the C.O.L.D. acronym to help you remember these important tips:

- **C** - **Clean**: Keep your layers clean. Dirt and sweat can mat down air spaces, reducing your clothes' warmth.
- **O** - **Overheating**: Sweating dampens your skin and clothes, which leads to further chill. Avoid overheating by adjusting your layers accordingly.
- **L** - **Loose Layers**: Blood flow is essential to staying warm. Tight-fitting clothing can restrict your circulation.
- **D** - **Dry**: Wet clothing is your enemy in the cold. Avoid absorbent cotton fabrics and keep your neck area loose to allow moisture to escape.

Once you have your shelter and water, get a fire going. In addition to keeping you warm, fire can be used to melt snow for water, cook food, dry out clothing and create smoke for rescue. You can read about emergency fire starting techniques in *How to Start a Fire Without a Match*, but for now let's assume you have the necessary equipment -- either
matches or a lighter. Dig a fire pit near your shelter’s entrance with a good windbreak piled around it. The fire should be in the center, with room for your wood and a place to sit.

Now you know how to survive in the cold.

SOKY Car, Truck, Bike and Antique Tractor Show

Saturday, April 13th 8:00 am – 3:00 pm
RAIN OR SHINE!!!!!!
Awards will begin at 3:00 pm
Warren East High School & Middle School Campuses
6867 Louisville Road Bowling Green, KY
Cost per entry $20
Spectator Admission: FREE
Spectator Parking: $5 a car
*Food and craft vendors
*Fun for the whole family
*Absolutely NO ALCOHOL*
Contact 270-842-1960 for more information!

SOKY Car, Truck, Bike, & Antique Tractor Show
2013 Vendor Agreement/Application

Vendor Name: _______________________________________________________________

Contact Person if different from above: __________________________________________

Address ________________________________________________________________
Type of Vendor

_____ Art/Craft/ General Merchandise (Please specify what you are selling)

________________________________________________________________

_____ Food (Please specify what type of food and approximate space you will need and if you are using a trailer and/or tent) ______________________________

________________________________________________________________

________________________________________________________________

~ Art/Craft/General Merchandise booths are 10' X 10'. The cost of this space rental is $35. All spaces must be paid for in advance of the show. Failure to pay in advance will cause you to lose your reserved space. Every effort will be made to assure that there is only one vendor of each company (i.e. Mary Kay, Pampered Chef, Scentsy, Thirty-One, Avon, etc.)

~ Food Vendors will be housed in a different area then arts/crafts/general merchandise. At this time electric cannot be guaranteed, but if you need electricity please specify and we will let you know if we are going to be able to accommodate this request. Food vendor space rental is $200. Every effort will be made to assure that there is not an over abundance of the same type of food vendor present.

~ Vendors may begin setting up at 6:30 am and must be set up by 8:00 am and vehicles must be moved out of show areas. All exhibits must be of a family nature. Please use discretion, no obscene or suggestive materials allowed. Vendor space must be left in a clean and orderly manner. No alcoholic beverages allowed.

Return form with payment to: Scott A. Reed, Bristow Junior Beta, 6151 Louisville Road Bowling Green, KY 42101 or call 842-1960 with questions and for further information.

Vendor forms due NO LATER than Wednesday, April 3, 2013
Make check out to Bristow Elementary PTA
We, the undersigned, do hereby submit our application for the reservation of display as a vendor in the SOKY Car, Truck, Bike, & Antique Tractor Show on April 13, 2013 sponsored by Bristow Elementary Junior Beta Club. This agreement is subject to the terms and rules contained above.

Signature _______________________________________  Date Submitted: ______________________

Guidance News

- **Warren East Guidance Office Website**: Please visit the WEHS Guidance Office website. There you will find a variety of helpful information and links. Also, be sure to click on and read each week’s edition of the Raider Record for scholarship and college visit information.

- **Warren East High School Guidance Counselors**:
  - Edwina.strickler@warren.kyschools.us – Freshman & Juniors
  - Angie.anderson@warren.kyschools.us – Sophomores & Seniors

- **No Pass/No Drive Law**:
  - Kentucky law states that any 16 or 17 year old student’s permit or drivers license will be suspended for approximately 6 months if ANY of the following occurs:
    - Student has more than 8 absences (this includes out of schools suspension) within a semester (not year)
    - Student has not passed at least 5 or 7 classes that the student is enrolled in per semester (not year)
    - Student drops out of school

- **Parent access to Infinite Campus**: Parents will need three items in order to access the student portal. They are the student ID number, student date of birth, and the Infinite Campus website.
  - Log on at https://infinitecampus.warren.kyschools.us/campus/portal/warren.jsp
  - User name will be the 10 digit student ID#
  - Password is the student’s first initial of their first name and first initial of their last name and your Date of Birth in MMDDYY format. Example – ac080691
If you try to access your account more than three times using incorrect student information, you will be locked out of the IC system. You must email the following address to have your password reset. It may take up to 72 hours to process this request. The email address is: passwordic@warren.kyschools.us.

· ACT
The ACT is a standardized test that measures high school achievement and is used for college admission and scholarships.

**Test Date:** April 13, 2013  -  (Must register for this online at [http://www.actstudent.org/](http://www.actstudent.org/) by March 8th.)

**Cost:** $35 (Fee waivers are available for students on free/reduced lunch. A total of two fee waivers may be used while in high school.) All juniors will take the ACT free of charge at Warren East High School on March 5, 2013.

· FAFSA – Free Application for Federal Student Aid
The FAFSA is the Free Application for Federal Student Aid. Anyone who wants financial aid for college will need to fill out the FAFSA. The application is used to determine the dollar amount you or your family will be expected to contribute towards college. All federal grant and loan awards are determined by the FAFSA, and nearly all colleges use the FAFSA as the basis for their own financial aid awards (scholarships).

**WHEN:** Begin filling out the FAFSA January 1.


- **Remind 101:** GET SENIOR GUIDANCE NEWS AND ANNOUNCEMENTS BY TEXT MESSAGE. Receive scholarship information, reminders on ACT deadlines, when Jostens will be visiting as well as other Guidance Office Information! Send a text message to (704) 869-2793 with the message: @ryh This will put you on a list to receive reminders from us! **This is FREE!**

**Scholarships**
For information on the scholarships that come through the guidance office, check out the Scholarship Link on Ms. Anderson webpage.

45 of the Weirdest College Scholarships
There is nothing like free money -- especially when it can be applied to something as productive as college tuition. However, the best of free college money -- scholarships-- can often be difficult to obtain because of their strict guidelines. But before you decide to give up on the idea of getting your own scholarship, take a look at 45 of the weirdest college scholarships out there.  

Are you a male 6'2" or taller ... a female 5' 10' or taller? Are you creative enough to make a prom dress out of duct tape? With scholarships as strange as these, you may be eligible for more free college funding than you think.  

Click on the link be to check out 45 of the weirdest scholarships out there. 

**High Five Scholarships**  
Welcome to High Five Scholarships, a website created to help you find free money for college. We are a scholarship matching service and we will find hundreds of scholarships that match your personal characteristics, goals, and interests, **FREE OF CHARGE**.  

We have been collecting scholarship awards for over 15 years and have accumulated more scholarships and grants than any other source. With millions of scholarships and over $45 billion in total awards, the best place for you to find a scholarship is High Five Scholarships.  
http://www.highfivescholarships.com/ 

**Frank Maier Scholarship**  
Barron Enterprises, Inc. is glad to announce a new $5000 scholarship opportunity for 2013, open to Juniors and Seniors in Warren County and Bowling Green High Schools. This essay competition will focus on selected historic buildings in Bowling Green, and their potential for adaptive reuse. Students will choose a building from among the five listed below, and propose in what way it might best serve comnmity needs into the future. 

Students must choose one of the following five buildings as the subject for their proposal on the adaptive re-use of a Bowling Green historical site:  
- Galloway Motors Builing a 601 State Street  
- International Order of Odd Fellows Building at 427 Park Row  
- Pushin Building at 400 E. Main Street  
- Capitol Arts Theater at 416 E. Main Street  
- Taylor Chapel Building at 314 E 7th Street  

For more information, stop by the WEHS Guidance office. **Proposals must be submitted to Morris Jewelry by May 31, 2013.** 

**Carpenter-Dent Scholarships**  
These scholarships are awarded to students who have aspirations of becoming a pharmacist. The amount of the award as well as the number of recipients varies from year to year and is awarded based on the student's record and need of assistance. Applications are in the guidance office. **The deadline to apply is June 1, 2013.**
KAPE Scholarships (Kentucky Association of Professional Educators)
There are two scholarships sponsored by KAPE that are offered to seniors who are graduating in the spring of 2013.

Family Member Scholarship
The student will qualify if he/she plans to further his/her education in a program leading to a two or four year certificate or degree program. The scholarship is merit based (the minimum GPA is 3.5). Stop by the guidance office for the application and for more information.

Star Student Teacher Mentor
Educators interested in this award can recommend an outstanding high school senior. The scholarship is merit based (minimum GPA is 3.5). Stop by the guidance office for information.

Abbott and Fenner Scholarship Program
Abbott & Fenner Business Consultants are please to be able to continue with our scholarship program for the 6th year. We will be awarding up to $1000 to the winner(s) each year.
Scholarship Deadline: June 14, 2013

Application Process: Students will submit essay on the topic that appears on the scholarship page of our website: http://www.abbottandfenner.com/scholarships.htm

BigSun Scholarship
The BigSun Organization is proud to be able to continue to help young athletes succeed in their academic pursuits. BigSun is offering an annual scholarship to a deserving student. All student athletes are eligible for this award, regardless of which sport they are participating in.
Deadline -- June 21, 2013
Amount of Award - $500
The successful applicant will be a high school senior or be attending a post secondary institute and currently involved in some sport at that institution or in the community. Application must be completed online! Click the link below for more information and to start the application process. There is also information in the guidance office.

http://www.bigsunathletics.com/

Cardinals of Kentucky of the American Business Women’s Association
Cardinals of Kentucky Chapter of the American Business Women’s Association (ABWA), is funding a special $2,000.00 scholarship through the Stephen Bufton Memorial Education Fund (SBMEF).
In order to be eligible for scholarship consideration, candidates must be women who:
2. A full-time student, and will be a college Freshman, Sophomore, Junior, Senior or Graduate level in August 2013.
3. Are attending or have been accepted at a license, accredited Kentucky college or university authorized to confer degrees at the bachelor level or higher and,
4. Have a cumulative grade point average of 2.5 GPA or better on a 4.0 scale.

The application must be completed online and requires a biographical sketch, three (3) professional letters of reference and an official transcript.

To apply, interested eligible women should send name and email address to:
Peggy Sharer – psharer@bellsouth.net
Information is in the guidance office. **Deadline to apply is: May 15, 2013.** The first twenty eligible applications are accepted.

**Kentucky Federation of Republican Women Scholarship Program**
The Kentucky Federation of Republican Women (KFRW) seeks to grant one scholarship annually in the amount of $1000.00 to a college-bound high school senior girl who has been politically active during her high school career. The qualified applicant will graduate from Kentucky high school in 2013, is registered Republican and plans to enroll at an accredited college or university in Kentucky. **Applications must be postmarked by April 1, 2013.** For more information and a scholarship application click on the link below or stop by the guidance office.

**WKU Bonner Leadership Program**
The Bonner Leadership Scholars program at WKU affords students with the opportunity to be a Bonner student for four years where they will dedicate ten hours of community service a week and receive an AmeriCorps education award and a partial tuition scholarship or paid stipend. For more information top by the guidance office or click on the link below. **The complete application must be send via postal mail or email by April 1, 2013.**

**The National Museum World War II Museum 2013 Essay Contest**
The National WWII Museum is dedicated to exploring the history and lessons of WWII with America's youth. These annual Student Essay Contests give high school students from across the country an opportunity to express themselves creatively while focusing on the meaning and legacy of the WWII years. High School students have the opportunity to win as much as $1000.
For essay topic and other information stop by the guidance office or click the link below. Essays must be submitted though the National WWII Museum’s Essay Contest web site by March 29, 2013.

http://www.nationalww2museum.org/learn/education/for-students/essay-contests/

Matt Monroe Memorial Scholarship (Church of Christ)

This scholarship is open to any students who attends a church of Christ in Barren and its surrounding counties. The applicant must be a member of the current graduating class. This scholarship is in the amount of $250 and is non-renewable and non-transferable. Applications are in the guidance office or you can click the link below. Applications must be postmarked by April 5, 2013.

Bluegrass Cellular Program

This year, Bluegrass Cellular will award 18 one-time scholarships valued at $1,500 each to select graduating seniors who attend high school in our 40-county coverage area. Students are required to receive their school counselor’s signature for verification of academic information. They must also send a copy of their transcripts with the application. The deadline for submitting applications is Tuesday, April 30, 2013. Counselors be notified in May if there is a winner from your school.

Click on the link below for the scholarship application or stop by the guidance office for a hard copy. The application is also available online at http://bluegrasscellular.com/images/uploads/accessories/2013_Bluegrass_Cellular_Scholarship_Application.pdf, and at each Bluegrass Cellular Customer Care location.

Bluegrass Cellular Application

Trooper Island Scholarship Program

Along with the application, students should have two character reference letters (non-family member with only one allowed from teacher or school official). Personal essay to include information about your career goals and why you feel you should receive this scholarship. Proof of enrollment/registration for upcoming fall semester. Application is due April 1, 2013. Click the link below to download the application or drop by the WEHS guidance office.

2013 Trooper Island Scholarship Application

Farmers National Bank

The four year program scholarship is for a total of $1000 and is based on the following:
Freshman-$200
Sophomore-$200
Juniors-$300
Seniors-$300

The **two year program** scholarship is for a total of $500 and is based on the following:
1st year-$250
2nd year-$250

**Requirements:**
Application
Academic Transcript
Two letters of recommendation
An essay summarizing career goals.

**Application is due to Ms. Anderson in the guidance office by March 22nd.** Click the link below to download the application or go online on the scholarship webpage. Applications can also be picked up in the guidance office.

FNB Application (1)
FNB Application (2)
FNB Application (3)
FNB Application (4)
FNB Application (5)

**Junior Achievement Scholarship**

**Eligibility Requirements**

- Applicant must be a senior with a cumulative un-weighted GPA of 2.8.
- Applicant must be in good standing with his or her high school.
- Applicant must have participated in an in-school JA program or event in the County or City School Districts of Allen, Barren, Edmonson, Hart, Monroe, Logan, Simpson and Warren.
- Four scholarships will be awarded: **$1,500 Chucks United Hope Foundation** scholarship applicable to any two or four year program at a college or university including technical schools, **$1,000** scholarship applicable to any two or four year program at a college or university including technical schools, a **$500** scholarship two year or four year program at a college or university including technical schools, and a **$500** scholarship applicable to Western Kentucky University only.
- Applicant must submit a complete application to be considered for the scholarship. **The deadline for all applications is Monday, March 25, 2013 at 5:00 pm to the Junior Achievement office. Address is listed below.**
- Applications should be typed. If applicant cannot get application typed, they may use black
ink and print neatly.

If you have any questions or concerns, please do not hesitate to contact me at (270) 782-0280 or megan@jaforkids.com. We greatly appreciate your support in Junior Achievement programs in your schools, and we hope your students will take advantage of this scholarship opportunity!

The deadline for all scholarship applications is Monday, March 25, 2013 by 5:00 pm.

JA Application Cover Letter
JA 2013 Application

**WKU Gordon Ford College of Business (Freshman Scholarship)**
If you are interested in obtaining a degree in business from WKU, this scholarship is for you!

**Requirements**
- Attached to the scholarship application a typed 250-300 word essay indicating why you are interested in a career in business.
- Arrange for a complete copy of your high school transcript to be sent.
- Have all application forms & supporting materials submitted by May 1, 2013.