1. Think of a person who made a positive difference in your life. What qualities does that person have that you would like to develop?

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2. Imagine 20 years from now— you are surrounded by the most important people in your life. Who are they and what are you doing?

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3. If a steel beam (6 inches wide) were placed across two skyscrapers 50 stories high, and 35 feet apart, for what would you be willing to cross? A thousand dollars? A million? Your pet? Your brother? Fame? Think carefully.

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4. If you could spend one day in a great library studying anything you wanted, what would you study? Why?

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5. List 8 Things you love to do. It could be singing, dancing, looking at magazines, drawing, reading, daydreaming…anything you absolutely love.

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6. Describe a time when you were deeply inspired. What was it that inspired you?
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7. Five years from now, your local paper does a story about you and they want to interview three people; a parent, a brother or sister, and a friend. What would you want them to say about you?
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8. Think of something that represents you; a rose, a song, an animal. Why does it represent you?
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9. If you could spend an hour with any person who ever lived, who would that be? Why that person? What would you ask?
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10. Everyone has one or more talents. Which of the ones below are you good at? OR write down ones not listed.

- Making things happen
- Building things
- Artistic
- Speaking
- Decision making
- Listening
- Athletics
- Sharing
- Dancing
- Predicting what will happen
- Humorous
- Mechanical
- Good with words creative thinking
- Memorizing things
- Sensing needs
- Accepting others
- Working well with people
- Writing
- Singing
- Music
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