

# The 7 Habits-Kid Talk

## Habit 1: Be Proactive

You're in charge of yourself. You're responsible for your own attitude and mood. Do the right thing all the time, even when no one is watching.

## Habit 2: Begin with the End in Mind

I have a plan. I set goals and reach them. I look for ways I could be helpful in the classroom and in my community. I also look for ways I can improve myself.

## Habit 3: Put First Things First

I do my work before I play. I set priorities. I am responsible and organized. I do the important stuff first.

## Habit 4: Think Win-Win

I include others in activities. I show sportsmanlike behavior. I make sure everything is fair. When conflicts arise, I try to find a solution. I work to make everyone agree.

## Habit 5: Seek 1<sup>st</sup> to Understand then to Be Understood

I listen before I speak. I am very attentive. I use my ears, eyes and heart when listening to others. I try to view things from different perspectives.

## Habit 6: Synergize

I share with others. I work with different types of people. I am very flexible and work with a variety of people. I can work in groups to bounce off ideas. Together is better and the more the merrier!

## Habit 7: Sharpen the Saw

Now that I have worked hard, I will get a reward myself with doing something I enjoy. I eat healthy, exercise, and get enough sleep. I follow a routine. I learn at places outside of school. I surround myself with loving people. I treat myself and others with respect.