

SEPTEMBER 2021 ELEMENTARY MENU



Monday **Tuesday** **Wednesday** **Thursday** **Friday**



Breakfast

Each breakfast entree is served with fruit, 100% juice, and milk.
Served Daily: Cereal choices, Pop Tart, Muffins, Toast, or Yogurt.

Pancake Wrapped Sausage **Hadley Farns Cinnamon Roll** **Breakfast Pizza Choices** **Chicken Biscuit & Gravy** **Donut Stick**

Lunch includes choice of meat/meat alternate, bread/grain, fruit, veggies, and skim or 1% milk. Elementary students may take all 5 or 4, which must include a fruit or veggie serving. All meals include milk variety (flavored skim, white skim, & 1% white) and seasonal fresh fruit (may include apples, oranges, bananas, berries, grapes, pineapple, pears, Cuties® or Halos®, or kiwi.

		1	Corn Dog Tater Tots Pick-Me-Up Veggie Cup Ranch Dip Applesauce	2	Chicken Rings Mashed Potatoes Garden Salad Carrot Sticks Freshly Baked Roll Fruit Selections	3	Cheesy Nachos or Beefy Nachos Pinto Beans Shredded Lettuce Salsa Cup Shredded Cheese Pineapple & Kiwi		
6		7	Chicken Fettuccine Baby Carrots & Celery Ranch Dip California Veggies Breadstick Fresh Fruit Chocolate Chip Cookie	8	Cheesy Bread Sticks with Marinara Sauce Or PBJ Seasoned Corn Shades of Green Salad Veggie Cup Fruit Cup	9	Orange Chicken Fluffy Rice Romaine Orange Salad Stir Fry Veggies Breadstick Cool Melon	10	Fiesta Friday Two Tacos Shredded Lettuce Shredded Cheese Diced Tomatoes Whole Kernel Corn Refried Beans Pineapple Tidbits
13	Chicken Tender Basket White Country Gravy Potato Wedges Cool Spot Salad Baby Carrots & Celery Southern Style Biscuit Peachy Keen Peaches	14	Italian Spaghetti with Meat or Marinara Sauce Caesar Salad Green Beans Italian Bread Strawberries Pudding Choices	15	Breakfast for Lunch Pancakes/Syrup Strawberries & Blueberries Sausage Patty Scrambled Eggs Breakfast Potato Chilled Juice Choices	16	Baked Chicken or Drumstick or PBJ Mashed Potatoes Festive Romaine Salad Steamed Carrots Freshly Baked Roll Cool Pears	17	Fish Strips Cheesy Mac 'n' Cheese Cole Slaw Great Northern Beans Corn Bread Square Sidekick Fruit Slushie
20	Hamburger or Cheeseburger Lettuce, Tomato, Pickles French Fries Pick-Me-Up Veggie Cup Ranch Dip Chilled Pears	21	Honey BBQ Rib Sandwich Fresh Broccoli Baked Beans Doritos® Apple Wedges Orange Smiles Snickerdoodle Cookie	22	Professional Learning Community Day	23	Teriyaki Dippers Creamy Mashed Potatoes Cool Spot Salad Peas & Carrots Freshly Baked Roll Fruit Choices	24	Classic School Pizza Seasoned Corn Salad Italiano Fruit Salad with Mandarin Oranges Rice Krispies Treat
27	Chicken Sandwich Lettuce & Tomato Broccoli French Fries Fresh Fruit Crunchmania Grahams	28	Pork Chop or PBJ Mashed Potatoes Green Beans Cinnamon Apples Pillsbury Biscuit Fresh Fruit	29	Corn Dog Tater Tots Pick-Me-Up Veggie Cup Ranch Dip Applesauce	30	Chicken Rings Mashed Potatoes Garden Salad Carrot Sticks Freshly Baked Roll Fruit Selections	Sandwich Choices Week 1 Turkey & Cheese Week 2 Ham & Cheese Week 3 Grilled Cheese Week 4 Tuna Week 5 Turkey & Cheese	

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