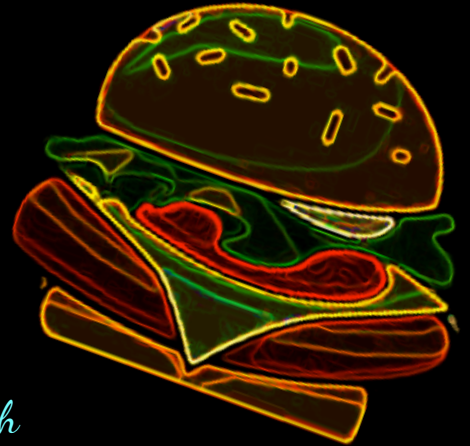


Nutrition Speedway



MENU



Tacos or Nachos
Meat and/or Cheese
Shredded Lettuce
Carrots/Celery
Salsa, Beans, Fruit
Low Fat Milk

Hamburger
Cheeseburger or
Chicken Specialty Sandwich
SANDWICH TRIMMINGS, FRIES
VEGGIE TRAY, FRUIT
LOW FAT MILK

Freshly Baked Pizza
Cool Spot Salad
or Veggie Sticks
Hot Vegetable
Fruit
Low Fat Milk

SALADS & SUCH
HAM/TURKEY/CHEESE

Crackers
Veggie Toppings, Beans
Fruit
Low Fat Milk

Good Food



Look for these menu choices at your high school!