## August 2019 Elementary Menu

### Breakfast
- **Sausage & Biscuit**
- **Cinnamon Roll**

### Breakfast Pizza Choices
- Chicken Smackers
- Dipping Sauces
- Mashed Potatoes
- Emerald & Ruby Salad
- Peas & Carrots
- Freshly Baked Roll
- Fruit Choices
- Orange Chicken or PBJ
- Fluffy Rice
- Romaine Orange Salad
- Stir Fry Veggies
- Honey-Lime Fruit Toss
- Breakfast Slider

### Lunch
- Each breakfast entree is served with fruit, 100% juice, and milk.

### Sandwich of the Week
1. Turkey & Cheese
2. Ham & Cheese
3. Toasty Cheese
4. Tuna Salad

### Welcome Back!

#### 12 Chicken Tender Basket
- Country Gravy
- Potato Wedges
- Cool Spot Salad
- Baby Carrots & Celery
- Southern Style Biscuit
- Peachy Keen Peaches

#### 13 Italian Spaghetti with Meat or Marinara Sauce
- Caesar Salad
- Green Beans
- Strawberries & Bananas
- Italian Bread
- Pudding Choices

#### 14 Breakfast for Lunch
- Pancakes/Syrup
- Strawberries & Blueberries
- Sausage Patty
- Scrambled Eggs
- Chilled Juice Choices

#### 15 Baked Chicken or PBJ
- Mashed Potatoes
- Festive Romaine Salad
- Squash Medley
- Steamed Carrots
- Freshly Baked Roll
- Cool Pears

#### 16 Fish Strips
- Cheesy Mac ‘n’ Cheese
- Cole Slaw
- Great Northern Beans
- Seasonal Fruit
- Corn Bread Square
- Sidekicks Fruit Slushie

#### 19 Hamburger or Cheeseburger
- Lettuce, Tomato, Pickles
- French Fries
- Pick-Me-Up Veggie Cup
- Ranch Dip
- Chilled Pears

#### 20 Turkey or Ham Hoagie Stacker
- Stack Toppings
- Pasta Salad
- Doritos®
- Apple Wedges & Orange Smiles
- School Cookie

#### 21 Cheesy Bread Sticks with Marinara Sauce or PBJ
- Shredded Lettuce
- Diced Tomatoes
- Shredded Cheese
- Pineapple & Kiwi

#### 22 Meat Loaf
- Creamy Mashed Potatoes
- Cool Spot Salad
- Seasoned Green Beans
- Freshly Baked Roll
- Chilled Blueberry Salad
- Fruit Choices

#### 26 Chicken Sandwich
- Lettuce & Tomato
- Creamy Cole Slaw
- French Fries
- Brussels Sprouts
- Craisins or Fresh Fruit

#### 27 Chicken Fettuccine
- Spinach Salad
- Baby Carrots & Celery
- Ranch Dip
- California Veggies
- Fresh Fruit
- Bread Stick
- Orange Sherbet

#### 28 Corn Dog
- Or PBJ
- Potato Smiles
- Super Veggie Salad
- Pick-Me-Up Veggie Cup
- Ranch Dip
- Cowboy Beans
- Applesauce

#### 29 Chicken Rings
- Mashed Potatoes
- Garden Salad
- Butter Beans
- Freshly Baked Roll
- Ambrosia Fruit Salad or Fruit Selections

#### 30 Cheese or Pepperoni
- Personal Pan Pizza
- Seasoned Corn
- Salad Italiano
- Mixed Fruit with Mandarin Oranges
- Rice Krispies Treat

### Welcome Back!

#### 9 Fiesta Friday
- Two Tacos
- Shredded Lettuce & Cheese
- Diced Tomatoes
- Whole Kernel Corn
- Refried Beans
- Cool Melon

### Welcome Back!

#### 21 Cheesy Bread Sticks with Marinara Sauce or PBJ
- Seasoned Corn
- Shades of Green Salad
- Steamed Broccoli/Cheese
- Freshly Baked Roll

### Welcome Back!

#### 22 Meat Loaf
- Creamy Mashed Potatoes
- Cool Spot Salad
- Seasoned Green Beans
- Freshly Baked Roll
- Chilled Blueberry Salad
- Fruit Choices

### Welcome Back!

#### 25 Chicken Sandwich
- Lettuce & Tomato
- Creamy Cole Slaw
- French Fries
- Brussels Sprouts
- Craisins or Fresh Fruit

### Welcome Back!

#### 26 Chicken Sandwich
- Lettuce & Tomato
- Creamy Cole Slaw
- French Fries
- Brussels Sprouts
- Craisins or Fresh Fruit

### Welcome Back!

#### 27 Chicken Fettuccine
- Spinach Salad
- Baby Carrots & Celery
- Ranch Dip
- California Veggies
- Fresh Fruit
- Bread Stick
- Orange Sherbet

### Welcome Back!

#### 28 Corn Dog
- Or PBJ
- Potato Smiles
- Super Veggie Salad
- Pick-Me-Up Veggie Cup
- Ranch Dip
- Cowboy Beans
- Applesauce

### Welcome Back!

#### 29 Chicken Rings
- Mashed Potatoes
- Garden Salad
- Butter Beans
- Freshly Baked Roll
- Ambrosia Fruit Salad or Fruit Selections

### Welcome Back!

#### 30 Cheese or Pepperoni
- Personal Pan Pizza
- Seasoned Corn
- Salad Italiano
- Mixed Fruit with Mandarin Oranges
- Rice Krispies Treat

### October 14-18, 2019 is National School Lunch Week. School cafeterias everywhere will be celebrating, and we are proud to present this year’s music-based theme, “School Lunch: What’s on Your Playlist?” Help us celebrate by eating school lunch. Look for new foods in your school dining room...we hope they will become part of your playlist’s greatest hits!
### September 2019 Elementary Menu

**Breakfast**
- Sausage & Biscuit
- Cinnamon Roll
- Breakfast Pizza Choices
- Chicken/Biscuit/Gravy
- Breakfast Slider

Each breakfast entree is served with fruit, 100% juice, and milk. Served Daily: Cereal choices, bagel, Pop Tart, muffin, toast, or yogurt.

Lunch includes choice of meat/meat alternate, bread/grain, fruit, veggies, and skim or 1% milk. Elementary students may take all 5 or 4, which must include a fruit or veggie serving. All meals include milk variety (flavored skim, white skim, 1% white) and seasonal fresh fruit (may include apples, oranges, bananas, berries, grapes, pineapple, pears, Cuties® or Halos®, or kiwi).

### Menus

<table>
<thead>
<tr>
<th>Day</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Chicken Tender Basket</td>
<td>Sausage &amp; Biscuit</td>
<td>Chicken Smackers</td>
<td>Orange Chicken or PBJ</td>
<td>Fiesta Friday</td>
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<td></td>
<td>Country Gravy</td>
<td>Cinnamon Roll</td>
<td>Dipping Sauces</td>
<td>Fluffy Rice</td>
<td>Two Tacos</td>
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<tr>
<td></td>
<td>Potato Wedges</td>
<td>Breakfast Pizza Choices</td>
<td>Mashed Potatoes</td>
<td>Romaine Orange Salad</td>
<td>Shredded Lettuce &amp; Cheese</td>
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<tr>
<td></td>
<td>Coley® Stuck</td>
<td>Chicken/Biscuit/Gravy</td>
<td>Emerald &amp; Ruby Salad</td>
<td>Stir Fry Veggies</td>
<td>Diced Tomatoes</td>
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<tr>
<td></td>
<td>Baby Carrots &amp; Celery</td>
<td>Breakfast Slider</td>
<td>Peas &amp; Carrots</td>
<td>Honey-Lime Fruit Toss</td>
<td>Whole Kernel Corn</td>
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<tr>
<td></td>
<td>Southern Style Biscuit</td>
<td></td>
<td>Freshly Baked Roll</td>
<td>Bread Stick</td>
<td>Refried Beans</td>
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<td></td>
<td>Peachy Keen Peaches</td>
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<td>Fruit Choices</td>
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<td></td>
<td>Chicken Fettuccine</td>
<td>Hamburger or Cheeseburger</td>
<td>Cheesy Bread Sticks with</td>
<td>Meat Loaf</td>
<td>Cheesy Nachos or Beefy Nachos</td>
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<td></td>
<td>Lettuce &amp; Tomato</td>
<td>Lettuce, Tomato, Pickles</td>
<td>Marinara Sauce</td>
<td>Creamy Mashed Potatoes</td>
<td>Pinto Beans</td>
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<td></td>
<td>Creamy Cole Slaw</td>
<td>French Fries</td>
<td>Or PBJ</td>
<td>Cool Spot Salad</td>
<td>Shredded Lettuce</td>
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<td>French Fries</td>
<td>Pick-Me-Up Veggie Cup</td>
<td>Seasoned Corn</td>
<td>Seasoned Green Beans</td>
<td>Diced Tomatoes</td>
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<td></td>
<td>Brussels Sprouts</td>
<td>Ranch Dip</td>
<td>Shades of Green Salad</td>
<td>Freshly Baked Roll</td>
<td>Shredded Cheese</td>
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<td></td>
<td>Craisins or Fresh Fruit</td>
<td>Orange Smiles</td>
<td>Steamed Broccoli/Cheese</td>
<td>Chilled Blueberry Salad</td>
<td>Pineapple &amp; Kiwi</td>
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<td>School Cookie</td>
<td>Veggie Tray</td>
<td>Fruit Choices</td>
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<td>Fruit Choices</td>
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<tr>
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<td>Chicken Sandwich</td>
<td>Chicken Fettuccine</td>
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<td>Lettuce &amp; Tomato</td>
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**Breakfast $1.25 Lunch $2.25 Reduced Breakfast $0.90 Reduced Lunch $0.40 Adult Visitor Lunch $4.00 Prepayments are appreciated!**

- **1** Turkey & Cheese
- **2** Ham & Cheese
- **3** Toasty Cheese
- **4** Tuna Salad
- **5** Turkey & Cheese

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