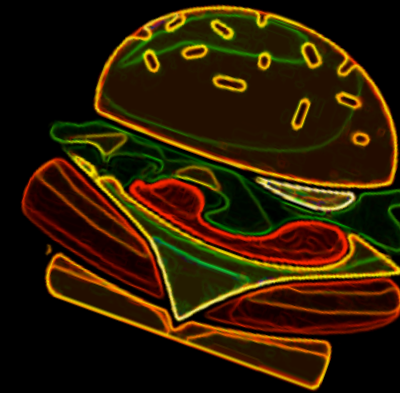
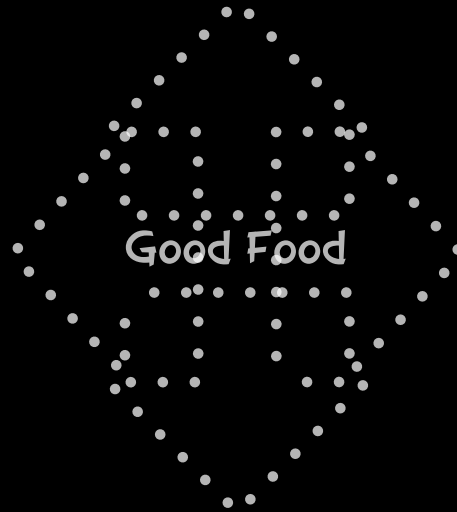


# Nutrition Speedway



## MIDDLE SCHOOLS

**WEEKLY MENU CHOICES FOR THIS SCHOOL YEAR - FRESH FRUIT AND MILK AVAILABLE DAILY**

*Monday ~ Hamburger/Cheeseburger, Lettuce Leaf, Tomato Slices, Oven Fries, Baked Beans*

*Tuesday ~ Tacos Ole', Shredded Lettuce, Salsa, Pinto Beans, Broccoli*

*Wednesday ~ Chicken Fillet/Bun, Leaf Lettuce, Tomato Slices, Potato Choices*

*Thursday ~ Soup of the Day, Crackers, Toasty Cheese Sandwich, Veggie Choices, Fresh Fruit*

*Friday ~ Freshly Baked Pizza, Garden Salad or Fresh Broccoli or Carrots, Whole Kernel Corn*